UMC Health System

Patient Label Here

ADULT OUTPATIENT SURGERY POST-OP DISCOMFORT MED PLAN

	PHYSICIAN ORDERS					
Diagnos	sis					
Weight	Allergies	Allergies				
	Place an "X" in the Orders column to designate orders of choice AN	D an "x" in the specific ord	er detail box(es) where applicable.			
ORDER	ORDER DETAILS					
	Patient Care					
	Perform Bladder Scan Scan PRN, If more than 250, Then: Call MD, Perform as needed for p distention present OR 6 hrs post Foley removal and patient has not verification.		discomfort and/or bladder			
	Medications	al dalla dana Kasadad				
	Medication sentences are per dose. You will need to calculate a total daily dose if needed. menthol-benzocaine topical (Chloraseptic 6 mg-10 mg mucous membrane lozenge) 1 lozenge, mucous membrane, lozenge, q4h, PRN sore throat					
	Analgesics for Mild Pain					
	Select only ONE of the following for Mild Pain.					
	acetaminophen ☐ 500 mg, PO, tab, q4h, PRN pain-mild (scale 1-3) To be given in OPS ONLY. ***Do not exceed 4,000 mg of acetaminophen from all sources in 24 h ☐ 1,000 mg, PO, tab, q6h, PRN pain-mild (scale 1-3) To be given in OPS ONLY. ****Do not exceed 4,000 mg of acetaminophen from all sources in 24 h ☐ 650 mg, rectally, supp, q4h, PRN pain-mild (scale 1-3) To be given in OPS ONLY. ****Do not exceed 4,000 mg of acetaminophen from all sources in 24 h	nours***				
	ibuprofen ☐ 400 mg, PO, tab, q6h, PRN pain-mild (scale 1-3) To be given in OPS ONLY. Give with food. ***Do not exceed 3,200 mg of ibuprofen from all sources in 24 hours*	**				
	Analgesics for Moderate Pain					
	Select only ONE of the following for Moderate Pain. ketorolac 15 mg, IVPush, inj, q6h, PRN pain-moderate (scale 4-7), x 48 hr To be given in OPS ONLY. ***May give IM if no IV access***					
	HYDROcodone-acetaminophen (HYDROcodone-acetaminophen 5 m. ☐ 1 tab, PO, tab, q4h, PRN pain-moderate (scale 4-7) To be given in OPS ONLY. ***Do not exceed 4,000 mg of acetaminophen from all sources in 24 h Continued on next page	,				
□ то	☐ Read Back	Scanned Powerchart	☐ Scanned PharmScan			
Order Taken by Signature:		Date	Time			
Physician Signature:		Date	Time			

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	PHYSICIAN ORDERS				
	Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.				
ORDER	ORDER DETAILS				
	2 tab, PO, tab, q4h, PRN pain-moderate (scale 4-7) To be given in OPS ONLY. ***Do not exceed 4,000 mg of acetaminophen from all sources in 2	24 hours***			
	traMADol ☐ 50 mg, PO, tab, q6h, PRN pain-moderate (scale 4-7)	☐ 50 mg, PO, tab, q4h, PRN	I pain-moderate (scale 4-7)		
	Anti-pyretics				
	Select only ONE of the following for fever.				
	acetaminophen □ 500 mg, PO, tab, q4h, PRN fever To be given in OPS ONLY. ****Do not exceed 4,000 mg of acetaminophen from all sources in 2 □ 1,000 mg, PO, tab, q6h, PRN fever To be given in OPS ONLY. ****Do not exceed 4,000 mg of acetaminophen from all sources in 2				
	ibuprofen ☐ 200 mg, PO, tab, q4h, PRN fever To be given in OPS ONLY. *****Do not exceed 3,200 mg in 24 hours. Give with food. ☐ 400 mg, PO, tab, q4h, PRN fever To be given in OPS ONLY. *****Do not exceed 3,200 mg in 24 hours. Give with food.				
	Antiemetics				
	Select only ONE of the following for nausea/vomiting. promethazine 25 mg, PO, tab, q4h, PRN nausea/vomiting To be given in OPS ONLY.				
	ondansetron ☐ 4 mg, IVPush, soln, q8h, PRN nausea/vomiting To be given in OPS ONLY.				
	Antacids				
	Al hydroxide-Mg hydroxide-simethicone (aluminum hydroxide-masuspension) 30 mL, PO, susp, q4h, PRN indigestion To be given in OPS ONLY.	agnesium hydroxide-simethico	ne 200 mg-200 mg-20 mg/5 mL oral		
	simethicone 80 mg, PO, tab chew, q4h, PRN gas To be given in OPS ONLY. 160 mg, PO, tab chew, q4h, PRN gas To be given in OPS ONLY.				
	Sedatives				
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Order Taken by Signature:		Date	Time		
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	Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.					
ORDER	ORDER DETAILS					
	ALPRAZolam ☐ 0.25 mg, PO, tab, TID, PRN anxiety To be given in OPS ONLY.					
	Antihistamines					
	diphenhydrAMINE 25 mg, PO, cap, q4h, PRN itching To be given in OPS ONLY. 25 mg, IVPush, inj, q4h, PRN itching To be given in OPS ONLY.					
□ то	☐ Read Back	Scanned Powerchart	☐ Scanned PharmScan			
Order Taken by Signature:		Date	Time			
Physician Signature:		Date	Time			